

healthcare

ORTHOPAEDIC REHAB



Brunswick
Private Hospital

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Whether your trouble is your knees, your hips, or another orthopaedic condition, the Brunswick Private Day Rehabilitation Team will help get you back in shape

There's no need for you to be an inpatient to take the opportunity to improve your condition, as this service is delivered as a day program.

Our team of specialist physiotherapists, occupational therapists, and exercise physiologists and hydrotherapy pool, in partnership with your GP, will help you improve your physical condition and provide you with the knowledge to get you back on your feet.

Program structure:

- Twice per week over 6 weeks
- Individualised home exercise program
- Our day program is offered in six-week blocks to aid in your recovery

HOW TO ACCESS THE PROGRAM:

- Ask your GP or Orthopaedic Specialist to refer you to our Orthopaedic Program.
- This program may be covered by your private health fund (subject to health fund check)
- Eligibility and funding requests are arranged prior to admission.
- Speak to our Day Rehabilitation staff about how we can help you. **Ph: (03) 9385 1105**

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